

Frederick's Christmas Menu



STARTERS

Chicken soup & stuffing raviolo £8.50

Pan-fried scallops, butternut squash purée
cucumber spaghetti & pomegranate £13.50

Beetroot carpaccio, goat's cheese & crushed
hazelnut salad £10.50

Frederick's tuna & avocado tartare,
pane carasau £13.50

Pan-fried duck foie gras, pear & vanilla
compote, toasted brioche £14.50

Dressed Colchester crab, brown crab purée,
fennel confit salad £13.50

Salt & pepper squid, sweet chilli sauce £10.50

Assiette of salmon; smoked salmon, avocado;
salmon rillettes & pickled vegetables salad
£11.50

Parma ham, mozzarella, heritage
tomato salad £12.00



Frederick's

12.5% discretionary service charge will be added

Where possible Frederick's uses fish from sustainable source.
Food Allergies & Intolerances, before ordering please speak to a
member of staff about your requirements.

MAIN COURSES

Pan-fried cod, baby chorizo, garlic
mash & Brussels tops £23.50

Monkfish fillet, mussels, crushed potatoes &
Jerusalem artichokes, tomato salsa £28.50

Stone black bass, courgettes, red pepper
Provençale, curly kale £24.50

Roast halibut, prawns, cauliflower pappardelle &
cream £29.50

Roast chicken breast, bread sauce, Savoy
cabbage, romanesco & pancetta £22.00

Pan-Fried venison, sweet potato dauphinoise,
cavolo nero, wine jus £27.00

Roasted Welsh rump of lamb, neck ballottine,
French beans, sautéed potatoes & confit garlic
rosemary £24.00

Pan-fried duck breast, broccoli & wasabi purée,
kale, baby vegetables, jus £23.50

Fillet steak, saffron risotto, red pesto & courgette
tempura £33.00

Roasted butter squash risotto, Cashel blue
cheese & chestnut £14.00

Winter vegetables & lentil pie, carrot purée,
romanesco broccoli £14.00



DESSERT

Toffee & banana crème brûlée £7.50

Bread & butter pudding, dulce de leche ice
cream £8.00

Bakewell tart, clotted cream £6.50

Plum & pear crumble, cinnamon ice cream
£7.00

Christmas pudding, brandy butter £7.50

Chocolate fondant, cherry ice cream £8.50
(please allow 15 minutes)

Fresh fruit salad £7.00

Ice cream or sorbet £5.50

Selection of cheese from The Cheese Plate
£10.50



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Please note that this menu is subject to
small changes due to seasonal availability
of the ingredients.