

# Frederick's Autumn Menu

## STARTERS

- Clam, leek & spinach chowder £7.50  
Smoked salmon, avocado & prawn cocktail  
£11.00  
Pan-fried tiger prawns, sorrel salad, mango &  
chilli dressing £12.00  
Chicken liver & foie gras parfait, toasted  
brioche, chutney £12.00  
Dressed Colchester crab, potato salad,  
pomegranate, watercress £13.50  
Salt & pepper squid, sweet chilli sauce £10.50  
Leek & pancetta tartiflette £10.50  
Burrata, butternut squash, roast broccoli & red  
pepper salad £10.50  
Seared scallops, quinoa, apple & butternut  
squash purée £13.50  
Aberdeen Angus beef carpaccio,  
roasted Jerusalem artichoke & pecorino salad  
£11.50

## MAIN COURSES

- Roasted Loch Duart Salmon, mixed herb gnocchi,  
brown shrimps & watercress purée £23.50  
Pan-fried brill, sautéed artichokes, lemon mash &  
beurre blanc £23.50  
Roasted sea bream, celeriac fondant, spinach  
purée & red pepper salsa £22.50  
Pan-fried cod, smoked garlic mash, girolles, bacon  
& baby onion £26.50  
Chargrilled sirloin steak, chips, French beans &  
chimichurri £24.00  
Pan-fried duck, celeriac mash & crisps, garlic  
French beans £23.00  
Grilled fillet steak & marrow, polenta, spinach  
croquettes, red wine jus £32.00  
Roasted lamb rump, Pommes Anna, roast  
beetroot, curly kale, jus £25.00  
Pan-fried venison loin, leek & mushroom gratin  
£28.00  
Roasted pork loin medallion, baby spinach,  
potatoes, wild mushroom & truffle jus £18.50  
Aubergine parmigiana £12.50  
Beetroot gnocchi, goat's cheese, baby leeks &  
baby beetroot £13.50

## DESSERTS

- White chocolate tart, cherry ice cream £7.50  
Pistachio panna cotta, chocolate sauce & rose  
petal £7.50  
Baked raspberry sorbet Alaska £8.00  
Toffee & banana crème brûlée £6.50  
Pear & almond tart, pear sorbet £7.00  
Chocolate fondant, salted caramel ice cream  
£8.50 (please allow 15 minutes)
- 

- Fresh fruit salad £7.00  
Ice cream or sorbet £5.50  
Selection of cheese from The Cheese Plate  
£10.50

web: [www.fredericks.co.uk](http://www.fredericks.co.uk)  
e-mail: [dine@fredericks.co.uk](mailto:dine@fredericks.co.uk)

Camden Passage Islington London N1 8EG  
Reservations 020 7359 2888

## Frederick's

12.5% discretionary service charge will be added

Where possible Frederick's uses fish from sustainable source.  
Food Allergies & Intolerances, before ordering please speak to a  
member of staff about your requirements.

Please note that this menu is subject to  
small changes due to seasonal availability  
of the ingredients.