STARTERS	MAIN COURSES	DESSERTS
	Smoked haddock, 'bubble & squeak' risotto £17.50	Apple strudel, honey ice cream £7.50
Roast parsnip soup, stilton beignet £7.50	Moules marinière & chips £16.50	Cinnamon beignet, orange segments, cinnamon ice cream £7.50
Winter vegetable salad £10.50 Smoked mackerel fillet, potato &	Rare tuna, chineese noodles, oriental salad, edemame beans, mirin dressing £26.50	Burnt lemon cream, biscotti £6.50
cornichon salad £9.50	Sea bass, potatoes & vegetables	Baked passion fruit sorbet Alaska £8.00
Salmon ceviche, fennel & croûton salad, caper & spring onion dressing £11.00	cooked 'en papilotte' £22.50	Classic vanilla creme Brûlée £6.50
Dressed Colchester crab & avocado puree, smoked	Baked whole sea bream, boiled potatoes, crispy broccoli £23.00	Pecan tart, vanilla ice cream £7.00
salmon & brown crab mousse, salad £13.50	Organic chicken breast, sauteed potatoes, french beans £20.00	Tiramisu £7.00
Chicken liver parfait, chutney £11.50 Salt & pepper squid, chilli sauce £10.50	'Bullseye' steak for two £55.00	Chocolate fondant, cherry ice cream £8.50 (please allow 15 minutes)
Mushroom & artichoke tart,	Roast lamb loin, root vegetable fricassée £21.00	Fresh fruit salad £7.50
poached egg, hollandaise £10.00	Veal rump, marsala sauce, mash potato, sauteed mushrooms £28.00	
Scallops, thai green curry sauce, chicken Wontons, oyster mushroom, cauliflower purée £13.50	Pan-fried fillet steak, pont neuf potatoes,	Ice cream or sorbet £5.50
Aberdeen Angus beef carpaccio, baby artichoke, rocket salad, pecorino £11.00	broccoli, Béarnaise sauce £32.00 Venison ragù, home made pappardelle £16.00	Selection of cheese from <i>The Cheese Plate</i> £10.50
rocket salad, peconno in.oo	Grilled goat's cheese, beetroot carpaccio,	
	rocket & walnuts £12.50	web www.fredericks.co.uk e-mail dine@fredericks.co.uk
	Gnocchi, cashel blue cheese, roasted brocoli & red pepper £13.50	Camden Passage Islington London N1 8EG
		Reservations 020 7359 2888