

STARTERS

MAIN COURSES

DESSERTS All £7.00

White onion soup, truffle oil £7.50

Pan-fried foie gras, wild mushrooms,
raspberry coulis, toasted brioche £12.00/£16.00

Trio of scallops, cauliflower purée,
couscous, florets £13.50

Quinoa, crisp broccoli & butternut squash
'Superfood' salad, pumpkin seeds £10.50

Frederick's prawn & avocado cocktail,
marie rose sauce £11.50

Salt & pepper squid, chilli sauce £9.50

Aberdeen Angus beef carpaccio, baby artichoke,
rocket salad, pecorino £11.00

Dressed Colchester crab, cucumber ribbons,
brown crab pâté, guava sauce & cherries £13.50

Chargrilled broccoli, French bean & avocado salad,
spiced dressing £9.50

Pan-fried brill, spinach, pea triptych, sun-dried
tomatoes £22.50

Pan-fried organic salmon fillet, clams, red chard &
spinach, lemon beurre blanc £24.00

Pistachio & herb crusted tuna, white radish,
cucumber, sesame & pickled ginger £26.50

Pan-fried sea bream, celeriac purée, sautéed red
chicory & runner beans, red wine jus £23.50

Baked whole sea bass, boiled potatoes,
crispy broccoli £23.00

Assiette of duck, breast & savoy cabbage,
confit & mash £23.50

Chargrilled chicken supreme, roast butternut squash,
puy lentils, parsnip purée £21.00

Roast Welsh rump of lamb, smoked aubergine ragú &
crisp, grilled baby gem £26.00

Pan-fried fillet of beef, saffron risotto, courgette
flower tempura, red pesto £32.00

Welsh lamb cutlets, sautéed potatoes,
garlic French beans £19.00/£22.50

Breaded English goat's cheese, tomato & red onion
ceviche, courgette ribbons £13.00

Home made pappardelle, pumpkin purée, beurre
noisette, Amaretti crumble £13.50

Apple & lemon tart, pear sorbet

Golden syrup sponge,
cinnamon ice cream, custard

Toasted brioche, lemon curd, vanilla ice cream

Banana tart Tatin, mascarpone,
chocolate sauce

Pistachio panna cotta, rose petals

Mandarin cheesecake, mango sorbet

Chocolate fondant, mint & chocolate ice cream
(please allow 15 minutes)

Fresh fruit salad

Ice cream or sorbet £5.50

Selection of cheese from *The Cheese Plate* £10.50

web www.fredericks.co.uk
e-mail dine@fredericks.co.uk

Camden Passage Islington London N1 8EG

Reservations 020 7359 2888