

# Christmas 2017



## STARTERS

Courgette & Parmesan soup, arancini £8.50

Dressed Colchester crab, brown crab purée,  
fennel confit salad £13.50

Pan-fried scallops, onion purée, pancetta,  
pickled apple dressing £13.00

Candy, red & golden beetroot salad, Stilton beignets,  
port reduction £9.50

Frederick's tuna tartare & avocado, pane carasau £12.50

Pan-fried duck foie gras, spiced cranberry jam, pistachio  
crumble, toasted brioche £14.50

Salt & pepper squid, chilli sauce £10.50

Smoked salmon, pickled vegetable salad £11.50

Frederick's tricolore salad £10.00

**Please note that these prices are  
subject to a degree of change  
given current certainty from our  
suppliers.**



12.5% discretionary service charge will be added  
Vat included, cheques within limit of banker's card

## MAIN COURSES

Pan-fried cod, broad bean triptych,  
cherry tomatoes confit £23.50

Monkfish fillet, mussels, crushed Jerusalem artichokes,  
tomato salsa £26.50

Stone black bass, sautéed wild mushrooms, curly kale,  
soft herb beurre blanc £22.50

Organic salmon fillet,  
puy lentils & winter vegetables £21.00

Roast chicken breast, leek tarte Tatin, french beans  
chicken & leek velouté £22.00

Pan-fried venison, sweet potato dauphinoise, cavolo  
nero, wine jus £27.00

Roasted Welsh rump of lamb, pea & pancetta, mustard  
mash, braised onion mulled wine £24.50

Pan-fried duck breast, broccoli & wasabi purée, kale,  
baby vegetable jus £23.50

Steak Diane fillet, pont neuf potato, Portobello  
mushroom £33.50

Roasted turnip, baby vegetable,  
horseradish risotto £14.00

Winter vegetable lentil pie £14.00



Frederick's



## DESSERTS All £7.50

Baked raspberry Alaska sorbet

Bread & butter pudding, cinnamon ice cream

Apple tart, vanilla ice cream

Salted caramel panna cotta, cranberry sauce

Plum & pear strudel, honey ice cream

Christmas pudding, brandy butter

Chocolate fondant, mint chocolate chip ice cream  
(please allow 15 minutes)

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Ice cream or sorbet £5.50

Selection of cheese from *The Cheese Plate* £10.50



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