

STARTERS

Tomato & basil consommé, Mozzarella parcel £7.50

Chicken liver & foie gras parfait, chutney,
toasted brioche £11.50

Seafood & beetroot risotto, roasted scallop £11/17.50

Burrata, heritage tomato salad,
black olive, basil oil £10.50

Frederick's prawn & avocado cocktail,
marie rose sauce £11.50

Salt & pepper squid, chilli sauce £9.50

Aberdeen Angus beef carpaccio, pickled vegetables
& rocket salad £11.00

Dressed crab, smoked salmon, cucumber spaghetti,
guacamole & toast £13.50

Pan-fried halloumi, lentil, chickpea & beetroot salad,
lemon dressing £9.50

MAIN COURSES

Roast stone black bass, fennel shavings,
pink grapefruit segments, citric sauce £22.50

Pan-fried organic salmon fillet, Parmesan gnocchi,
brown shrimps, watercress mousseline £24.00

Pistachio & herb crusted tuna, white radish,
cucumber, sesame & pickled ginger £26.50

Pan-fried sea bream, crushed Jersey Royals &
wilted garlic leaves £23.50

Baked whole sea bass, boiled potatoes,
crispy broccoli £23.00

Pan-fried duck breast, duck leg croquette, orange
purée, cherries £22.00

Chargrilled chicken supreme, potato rosti, caponata
£21.00

Roast Welsh rump of lamb, sweet potato fondant,
cauliflower couscous, carrot & cumin purée £26.00

Chargrilled veal escalope, pont neuf chips, courgette
tempura £28.50

Pan-fried fillet of beef, sautéed mangetout &
watercress, grilled baby corn,
beetroot & horseradish purée £32.00

Welsh lamb cutlets, sautéed potatoes,
garlic French beans £22.50

Grilled English goat's cheese, beetroot purée,
chargrilled spring onions, shallot dressing £13.00

Cauliflower gnocchi, salsa verde, sage,
Parmesan shavings £13.50

DESSERTS All £7.00

Lemon Posset, fresh raspberries, shortbread crumble

Yoghurt and pistachio cake, mascarpone cream,
pomegranate

Frederick's Summer pudding, Pimm's sorbet

Cinnamon beignets, praline cream, orange
segments & jus

Salted caramel panna cotta, hazelnut biscotti

Vanilla cheesecake, mango sauce

Chocolate fondant, cherry ice cream
(please allow 15 minutes)

Fresh fruit salad

Ice cream or sorbet £5.50

Selection of cheese from *The Cheese Plate* £10.50

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12.5% discretionary service charge will be added

Frederick's